Mental Health clinicians often believe that they can’t appropriately or effectively work with persons with substance use problems, and that such clients are best treated by specialists in addictions. In fact, mental health therapists are often the most appropriate professionals for such work. There is a 50% overlap between the mental health and substance using populations, and the therapist’s skill set is readily applicable to this population. This seminar has the objective of adding to the therapist’s knowledge base and skill set to begin to effectively address the co-occurring substance use problems already in your current caseload.

Topics include:

- Addiction as a disorder of self-regulation
- Khantzian’s Self-Medication Hypothesis and its clinical implications
- Why therapists should work with addiction problems.
- Alcohol, cocaine, opioids, benzodiazepines: What therapists need to know
- Determining when detoxification/medical treatment is needed
- How to determine when inpatient/residential treatment may be needed
- Pharmacologic treatment options and how to access
- Psychotherapy strategies for each stage of treatment
- Principles of Motivational Interviewing
- Attachment and affect regulation in early treatment
- What we can offer the client instead of alcohol/drugs
- Relapse prevention
- How to help the client use self-help/12-step groups
- Challenges in integrating therapy and AA/NA; The AA controversy
- Marlatt’s Mindfulness-Based Relapse Prevention for Addictive Behaviors
- How and why therapy helps addicts- back to the self-regulation issue
- Affect regulation through the development of Mentalization/ Reflective Function

Seminar Schedule: 9am-12 noon Morning Session
12 noon- 1pm Lunch (On your own-many restaurants nearby)
1pm- 4pm Afternoon Session

Seminar Location: The Temenos Center, second floor conference room
720 East Main Street Suite 1A
Moorestown NJ 08057

Date: Friday, June 20, 2014
Cost: $139

CE Credits: 6 CEU’s approved by NJ State Board of Social Work Examiners
To register, or for more information, contact: Frank J. Schwoeri PhD 856-722-9352, or email fschwoeri@aol.com

Frank J. Schwoeri PhD is a licensed clinical psychologist who received his PhD in 1981 from Bryn Mawr, and completed an APA approved clinical psychology internship at Eastern Pennsylvania Psychiatric Institute. He has specialty certification in Treatment of Alcohol and Other Substance Use Disorders from the APA College of Professional Psychology. Dr. Schwoeri is also a graduate of the Program in Object Relations Theory and Therapy at the Washington School Of Psychiatry. He was Director of Psychology at Hampton Hospital, where he co-lead the inpatient Dual Diagnosis Unit. A former fulltime Clinical Assistant Professor of Psychology at Hahnemann University and The Medical College of Pennsylvania, he has also taught at Bryn Mawr and Swarthmore College. While at Hahnemann, he received the Belmont Award as outstanding teacher of the year in the Department of Psychiatry. He has maintained a private psychotherapy practice since 1983, currently at The Temenos Center In Moorestown, NJ.